A new home for cardiopulmonary rehab

The space used to be a dark, dusty corner for storage. Now it’s bright and airy with natural light pouring in from three large windows.

It’s the new home of Johnston Health Cardiopulmonary Rehabilitation. And on Tuesday, a group of 75 community and hospital leaders and staff gathered for an open house and ribbon-cutting to celebrate the new location at the north end of the Johnston Medical Mall.

The rehab moved during the first week in September from its old space in HealthQuest. The new space is about three times as large and has offices for the staff, and a reception area, classroom and dressing room for patients. In the exercise area, a walking track loops around the block of treadmills, ellipticals and bikes, and there are TVs in all four corners.

The staff chose a serene beach scene for a mural, and inspirational quotes to add color to an opposite wall and along the rim of the wall mural. And there are TVs in all four corners. The staff chose a serene beach scene for a mural, and inspirational quotes to add color to an opposite wall and along the rim of the wall mural. And there are TVs in all four corners.

The Holding family has been supportive of this important service since the beginning,” he said. “It’s also notable that cardiopulmonary rehab was one of the first projects undertaken by the Johnston Health Foundation, which is celebrating its 25th anniversary this year.

The Holding family has been supportive of this important service since the beginning,” he said. “It’s also notable that cardiopulmonary rehab was one of the first projects undertaken by the Johnston Health Foundation, which is celebrating its 25th anniversary this year.

The foundation is preparing to launch a heart fund, which will go specifically for the needs of cardiopulmonary patients.

It’s a nice complement to the hospital’s cardiology services, which have expanded over the past two and a half years to include interventional procedures, such as stenting,” Elliott said.

“Heart disease is the leading cause of death in our county. So we’re pleased to be able to offer access to expert cardiology care, including rehab close to home,” he added. “This is a place where physicians can send their patients to regain their energy and confidence, and to learn how to exercise, eat well and live healthy lives.”

CEO Chuck Elliott congratulates Anthony Barnes on being named Johnston Health Ambassador for August. At left is Kyle McDer- mott, vice president of support services and site admin-istrator for Johnston Health; Jeff Sellers, director of security; and at far right is Mark Smith, manager of security at Johnston Health Clayton. Barnes, who grew up in Clayton, is retired with 30 years from the Department of Correction as a correctional lieutenant. He has worked with Johnston Health for the past five years.

In presenting the award to Trejo, Elliott said she goes out of her way to make patients and visitors feel welcome as soon as they arrive at Johnston Health. “She is kind-hearted and compassionate, and understands the value of customer service,” he says.

Four years ago, Trejo out started with Aroma in food services, where she deliv- ered meals to patients. A year later, she was hired by the hospital as a patient registrar, and last year, was promoted to team leader for her department.

“Her patients love our new place, and espe- cially like being able to see outside,” says Melissa Speas, rehab coordinator. “I think the environment is uplifting, cheerful and encour- age.”

During the open house, CEO Chuck Elliott thanked two major contributors to the project, the Camron Foundation and First Citizens Bank, which was represented by Olivia Holding, Jeff Carver and Bill Gallaway.

The R. P. Holding Foundation contributed to cardiopulmonary rehab when it first opened 19 years ago on the ground floor of the hospital. “The Holding family has been supportive of this important service since the beginning,” he said.

It’s also notable that cardiopulmonary rehab was one of the first projects undertaken by the Johnston Health Foundation, which is celebrating its 25th anniversary this year.

The foundation is preparing to launch a heart fund, which will go specifically for the needs of cardiopulmonary patients.

“It’s a nice complement to the hospital’s cardiology services, which have expanded over the past two and a half years to include interventional procedures, such as stenting,” Elliott said.

“Heart disease is the leading cause of death in our county. So we’re pleased to be able to offer access to expert cardiology care, including rehab close to home,” he added. “This is a place where physicians can send their patients to regain their energy and confidence, and to learn how to exercise, eat well and live healthy lives.”

CEO Chuck Elliott congratulates Maria Trejo on being named Johnston Health Ambassador for August. At left is Kyle McDer- mott, vice president of support services and site admin-istrator for Johnston Health; Jeff Sellers, director of security; and at far right is Mark Smith, manager of security at Johnston Health Clayton.