

VOIDING CYSTOURETHROGRAM

Smithfield Imaging 919-938-7190
Clayton Imaging 919-585-8450
Scheduling 919-938-7449

WHAT IS A VOIDING CYSTOURETHROGRAM?

The purpose of a voiding cystourethrogram is to study the function and appearance of the bladder and the lower urinary tract while the bladder fills and empties. A urinary catheter will be inserted into your bladder. The bladder is then filled with an iodinated liquid contrast. The contrast agent improves the quality of the test. Once your bladder is full, the urinary catheter is removed, and you will empty your bladder onto the exam table. Protective pads will be placed under your body to absorb the liquid.

WHAT TO EXPECT

The test may require you to lie flat or turn from side to side. Multiple images of your anatomy, with and without the contrast agent will be taken using a radiographic camera. The images will be taken at timed intervals during the exam.

The test will last about one hour.

HOW TO PREPARE

Follow these guidelines:

- Please inform the technologist if you are allergic to iodine or any type of contrast agent.
- Let the technologist know if you are pregnant. Many imaging tests are not performed during pregnancy.
- If you are diabetic please consult your physician as to any special instructions concerning your diabetes prior to the test.
- Please bring your current home medications or a list of your medications with you the day of the test.
- You may be asked to remove some or all of your clothes and change into a hospital gown to get a more accurate picture.
- Remove jewelry, removable dental hardware, eye glasses, and any metal objects or clothing that might interfere with the images.

RESULTS

A radiologist will review your images and send a report to your doctor who ordered the test in 48 hours. You'll get a call from your doctor's office to discuss the results and next steps. To check your results in our secure, online patient portal, My UNC Chart, visit www.myuncchart.org.