

# OUTPATIENT SURGERY & PROCEDURES

## PATIENT INFORMATION

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### CLAYTON



#### Pre-Procedural Testing

Date: \_\_\_\_\_ Time: \_\_\_\_\_

#### BEFORE SURGERY

Once the decision has been made that surgery or a procedure is necessary, your physician will schedule your surgery date and time. When the hospital receives all the information needed from your physician's office, a nurse will call you to get your health history information over the phone or to set up an appointment for you to meet with the nurse.

**It is important that the nurse speak with you before you come for surgery.** This is to make sure that your entire medical history is correct and that any tests that may be needed can be done before your surgery.

Pre-procedural testing is to review your entire medical history, order labs, EKG and also be seen by anesthesia. Please note that this visit may take 1-2 hours.

Before you leave your doctor's office, please make sure the staff has the correct phone number where you can be reached.

**If you have not spoken to a pre-operative nurse before your surgery date, please call 919-585-8641 or 919-585-8486. If you do not speak with the pre-operative nurse, you may miss important instructions or testing, and your surgery may be canceled.**

#### Surgery Procedure

Date: \_\_\_\_\_ Time: \_\_\_\_\_

You will also receive a call from the scheduling/registration person to get your address, correct name and spelling, and insurance information.

Please understand that the surgical schedule may change because of the patient's medical condition, doctor requests, added procedures and the size of the schedule.

The day before your surgery or procedure, the scheduling/registration department will call you with your time to arrive at the hospital. If any change is made to your scheduled time, you will be notified as soon as possible.

If you get a rash, fever or cold within 24 hours of your surgery, please call your doctor. It may mean that your surgery needs to be postponed.

#### PARENTS OF CHILDREN COMING TO SURGERY

Please bring formula, pacifiers, bottles and/or a sippy cup and diapers. Your child will need these items after surgery.

Your child will need your attention after surgery. Please arrange for siblings to be cared for at home. If this is not possible, we recommend that you bring a second adult along to help with their care.

Children may bring a favorite toy, pillow or blanket to take to surgery with them.

*More instructions on back.*

## ON THE DAY OF YOUR SURGERY

Take a complete bath or shower the night before and/or the morning of surgery.

Do not drink or eat anything, including gum or candy, after midnight and up to the time of surgery. It is extremely dangerous for you to be put to sleep or sedated if you have food or liquid in your stomach.

Remove all jewelry, piercings, hairpins, hairclips and watches prior to surgery.

Wear comfortable clothing that can fit over a bulky bandage or cast. Contacts, glasses, dentures and/or partials will be removed right before surgery.

Please bring all prescription medications including prescription eye drops. You may need to take some of your medicine prior to surgery. The pre-operative nurse will discuss this with you during your pre-surgery call.

You will need to have a driver who is 18 years or older to get your discharge instructions and take you home. We ask that the driver be here during your surgery in case we or the surgeon/physician needs to talk with him or her.

For the sake of your privacy and the limited space in the surgical preparation rooms, we ask that no more than two family members accompany the patient. Let family and friends know that you will be at the hospital for a brief time and they should plan to visit you at home.

## AFTER SURGERY

You will be in the post anesthesia care unit, also called PACU, until you are recovered from anesthesia and discharged by an anesthesiologist. Recovery time varies for each patient.

You will be discharged from PACU to home. Discharge instructions will be reviewed with you and your driver or family member who must be 18 or older to legally sign that you were given discharge instructions. Your instructions will be given to you with any prescriptions the surgeon may write.

Do not drive or use any complicated machinery for 24 hours. Do not make important decisions for 24 hours. If you have any problems once you are at home, go to your nearest emergency room or call your surgeon's office. Your surgeon's phone number can be found on your discharge instructions inside the folder.

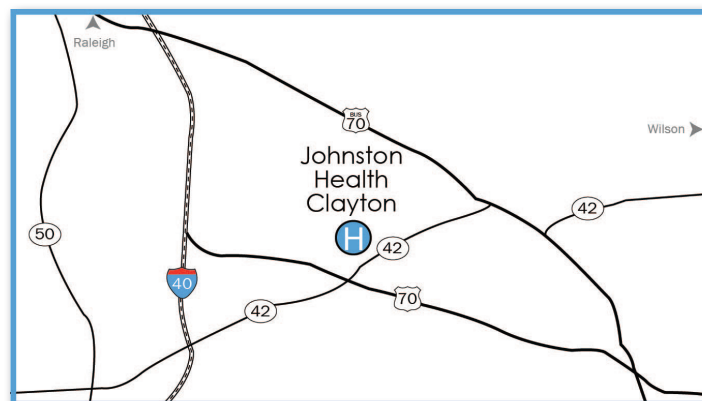
Thank you for giving us the opportunity to always meet or exceed your expectations of care during your time with us at Johnston Health.

## DIRECTIONS

### Johnston Health Clayton

2138 NC Hwy 42 W., Clayton, NC 27520

919-585-8640



**From Goldsboro and areas east:** Take US-70 W toward Smithfield. Keep left to take US-70 Byp W toward Raleigh. Take Exit 320 (NC- 42) toward Clayton. Turn right onto NC Highway 42 W/ NC- 42. Johnston Health Clayton will be on your left.

**From Raleigh and areas west:** Take I-40 E towards Benson/Wilmington. Take Exit 309 to merge onto US-70 E towards Smithfield. Take Exit 320 (NC- 42) and turn left onto NC HWY 42. Johnston Health Clayton will be on your left.

**From Rocky Mount and areas north:** Take I-95 South towards Wilson. Take Exit 116 (NC- 42) toward Clayton. Merge onto NC Highway 42 W/ NC- 42 toward Clayton. Turn right onto US 70 Business Hwy W/ US- 70 Bus W/ NC- 42. Turn slight right onto NC- 42/ Barbour St. Take the first right onto Hamby St/ NC- 42. Take the first right onto S Lombard St/ NC- 42. Continue to follow NC- 42. Johnston Health Clayton will be on your right.

**From Fayetteville and areas south:** Take I-95 North towards Smithfield. Merge onto I-40 W via Exit 81 toward Raleigh. Take Exit 312 (NC- 42) toward Clayton. Turn right onto NC Highway 42 W. Johnston Health Clayton will be on your left.

The logo for Johnston UNC Health Care, featuring a stylized building icon to the left of the text "JOHNSTON" in a large, blue, serif font, with "UNC HEALTH CARE" in a smaller, blue, sans-serif font below it.

[www.johnstonhealth.org](http://www.johnstonhealth.org)